

Here's a Deep Dive into our 2026 Presentations



**Are my legal affairs
in order?**



**What do I do with
all my treasures?**



**How can I stay mentally &
physically healthy?**



**How do explore
my living options?**

Tuesday, Feb 10th, 2026 Savvy Senior Resources - Need to Know Community Resources

West Michigan has a variety of unique resources designed to support older adults. Some are free to everyone, some require you to qualify, while others require payment out of pocket. Get to know what services are available, what you can expect to pay, and who to call when you need help or advice.

Tuesday, March 10th , 2026 Savvy Mental Health- Your Aging Brain

Just as the rest of your physical body changes, so does your brain. In this seminar we will discuss how physiological changes influence not just cognition, but overall mental wellness. Our speakers are experts in both physical and mental health. They will be sharing tools to help you reduce stress, stay sharp, and preserve brain health and well-being for years to come.

Tuesday, April 14th, 2026 Savvy Financial Planning – How to pay for your next steps

Whether you choose to stay in your current home, or move to a place that supports your changing needs, financial considerations are a factor. In this talk, we will delve into the true costs of senior living options, as well as the cost considerations for remaining at home. Learn about helpful financial tools, selling your home, or tapping into your home's equity through a HELOC, or even (gasp), a modern Reverse Mortgage.

May 12, 2026 Savvy Estate Planning – Wills, Trusts, and Powers of Attorney

While nothing can be considered fun about Estate Planning, it is one of the single most critical things every adult should do *regardless of wealth*. Learn the differences between the most common legal planning tools. More importantly, how those tools give authority for others to carry out decisions on your behalf. How they work during your lifetime, and how that authority changes after you pass.

June 9th, 2026 Savvy Life Celebrations - Funerals & Final Goodbyes

Death is a natural part of life. While talking about funerals can seem taboo, a well-lived life deserves a send-off that honors the person who passed, and promotes peace and healing for those left behind. We will be creating a safe space to learn about palliative care, hospice, and practical ways to ensure your wishes are followed. Finally, we will round out the discussion with the costs of a modern funeral, and the newest trends to plan a life celebration as unique as your loved one.

EMPOWERING MATURE MINDS ONE PRESENTATION AT A TIME

2026 continued

August 11, 2026 Independent Senior Living Options - Condos, Communities, & More

You are tired of maintaining a home, but not sure where to go next. Would you be happiest in a condo, apartment, or a Senior Community? Why do some communities charge a significant buy in, and some do not? What is the difference between a community that is considered a "Life Care Community", and other communities that offer a wide array of services? We will hear from the communities themselves about their living options, care levels, amenities, costs, and more. Finally, we will talk about the questions to ask as you explore these options for yourself.

Sept 8th, 2026 Savvy Decluttering - Downsizing for Safety & Sanity

Most of us spend our lives acquiring things. Some of these items may have been achieved through great sacrifice or financial investment. Other items link us to memories, times, or people who are no longer with us. The problem lies when the things we own hinder us from living life to the fullest. In some cases, they even pose a safety hazard. This talk will focus on what we save, why we save it, and the benefits of letting go. We will give you tips for a safer and happier living environment now, and ways to put yourself in a better position if you ever choose to move in the future.

October 6th, 2026 - Savvy Caregiving Options - When you need more help.

Maybe you are tired of cleaning the house or mowing the lawn. Or staying on top of bills has become a burden due to technology, diminishing eyesight, or even memory. Maybe your mind is as sharp as ever, but showering and dressing have become stressful due to a fear of falling. In this talk we will look at what types of services are available, and what you can expect to pay. Whether you need a little help, or lots of help, this presentation will give you the knowledge you need to make educated decisions as your needs change.

November 17th, 2026 - Savvy Real Estate - Understanding your biggest investment

For many adults, our home is our largest asset and just like a bank account, you should know what it is actually worth. If your home is paid off, you may feel like you are living for free, but that is never the full picture. Our discussion will be an honest dialog on the true costs and consideration for maintaining a home as you age. From systems that need to be regularly maintained, to problems that develop over time in basements or attics, how you address this issues directly affects your homes value. Finally, we will touch on today's changing real estate market, and the key things to know if you consider selling in the future.

December 8th, 2026 - Universal Design - The Future of Aging in Place

Universal design is the concept of crafting spaces that are both functional and aesthetically pleasing for people of all ages and abilities. By proactively embracing these concepts, people will be able to live safely and independently into their later years without sacrificing beauty. We will be exploring trends in design, technology, and resources to help you achieve function and comfort in your ideal space.

**No big sales pitch or gimmicks.
Just candid discussions around common issues
faced by adults 50 and over.**